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HORIZON2020 Programme Contract No. 733032 HBM4EU

REPORT OF THE WP9 ICI

Round 03/2019

Chromium in serum

Version / date of issue	1 / 08-08-2019
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1 Summary

Within the framework of the HBM4EU project, an Inter-Laboratory Comparison Investigation (ICI) was organized and conducted for the analysis of chromium in serum.

The study was performed from May 2019 to July 2019.

In total, 46 laboratories were invited for this third round, of which 22 laboratories from 17 countries registered.

The participation in this ICI was satisfactory; 21 out of 22 laboratories (95%) submitted their results.

In June 2019, two different test samples consisting of 3 mL serum spiked with chromium at two different concentrations (Cr_{low} , Cr_{high}), one of each concentration, were prepared, and one sample of each concentration was sent to the participating laboratories for analysis.

Homogeneity and stability assessment of the control materials confirmed that the materials were adequately homogeneous and stable.

Laboratory results were rated using Z-scores in accordance with ISO 13528 and ISO 17043. The standard deviation for proficiency assessment (also called target standard deviation) was set to FFP = 25%, as described in 5.3.

The evaluation of Cr_{low} and Cr_{high} showed that 100% of the results were satisfactory (Table 1).

Number of laboratories with respective results for chromium in serum in 3 rd ICI					
biomarker	biomarker assigned value satisfactory (Z-score <2) questionable (Z-score <3) (Z-score >3)				
Crlow	2.120 ng/mL	21 (100%)	0	0	
Crhigh	8.766 ng/mL	21 (100%)	0	0	

Table 1 Overview of results for chromium in serum in 3rd ICI

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2 Introduction

Inter-Laboratory Comparison Investigations (ICI) and External Quality Assurance Schemes (EQUAS) are tools to assess the proficiency of laboratories, and the comparability and reliability of analytical methods. Participation in ICI / EQUAS forms an integral part of quality control, in addition to initial and on-going in-house method validation.

This ICI study has been organised within the frame of HBM4EU as part of the Quality Assurance program for biomonitoring analyses. Within HBM4EU, participation in ICI/EQUAS exercises is mandatory for laboratories that will analyse HBM4EU samples.

This report describes the 3rd round of proficiency testing for chromium in serum, which was organised by the Institute and Outpatient Clinic of Occupational, Social and Environmental Medicine (IPASUM) at Friedrich-Alexander University of Erlangen-Nuremberg.

2.1 Confidentiality

In this report, the identity of the participants and the information provided by them is treated as confidential. However, lab codes of the participants will be disclosed to the HBM-QAU for performance assessment.

3 Control material

3.1 Preparation of control material

For control material, surrogate material was used. It consists of bovine serum of German origin with sodium azide. Animal health conditions are certified. The stock solution (Chromium ICP standard, ammonium dichromate in H₂O, 1000 mg/L, J.T.Baker) was diluted into two different concentrations and the addition to the native control material resulted in the intended concentration in control material (Cr_{low}, Cr_{high}). The two spiked control materials were aliquoted (3 mL each) into tubes with caps (66x11.5 mm, polypropylene, Sarstedt). The tubes were stored in a freezer (\leq -18 °C) until transportation. The two different concentrations (Cr_{low}, Cr_{high}) were measured using ICP-MS (see analysis method in **Appendix 5**).

3.2 Homogeneity of control material

Ten tubes of each concentration of the control material (Cr_{low} , Cr_{high}) were randomly selected from the freezer (\leq -18 °C). The thawed samples were re-homogenised by vortex shaking and analysed in duplicate using ICP-MS (analysis method see **Appendix 5**). The homogeneity was evaluated according to ISO 13528:2015, Fearn et al [2001] and Thompson [2000]. The results are presented in **Appendix 1**. The conclusion is that no outliers are detected, homogeneity is adequate and the method is suitable.

3.3 Stability of control material

On the day of preparation of the control materials, six randomly selected test samples of Cr_{low} and six randomly selected test samples of Cr_{high} were stored at -80 °C. The assumption is that under these conditions, the biomarker (Cr) is stable in serum. On the last day of the deadline for submission of results by the participants (July 23, 2019), six test samples of each level (stored at -80°C) and six samples of each level (stored at -18 °C) were thawed and re-homogenised by vortex shaking. Next, all samples were analysed using ICP-MS (analysis method see **Appendix 5**). The stability was evaluated according to HBM4EU-SOP-QA-002 and using the Excel sheet "HBM4EU ICI-EQUAS stability test CM v1". The results are presented in **Appendix 2**. No consequential instabilities and no statistical differences were detected.

4 Organisational details

4.1 Participants

A list of 46 candidate laboratories from different countries eligible for the analysis of chromium had been compiled by the Work Package (WP) Task 9.2 leaders and made available to the institution organizing the respective ICI.

Invitation letters were sent by e-mail to all 46 candidate laboratories on June 3, 2019 (see **Appendix 3**). It was indicated that participation would be free of charge and that those who subscribed to the ICI would receive a kit containing the test materials needed for analysis. The condition for participation was that the test results had to be submitted within the stipulated deadline (July 23, 2019).

Twenty-two laboratories (48%) from 17 countries out of the 46 laboratories in the candidate list indicated their interest in participating in this ICI and sent their registration forms to IPASUM with their agreement to abide by the conditions for participation. These laboratories received an individual laboratory code to report their measurement results (see **Appendix 8**).

Twenty-one of the 22 potential participants (95%) performed the assays and submitted their results. All participants reported their results within the stipulated deadline (July 23, 2019).

4.2 Dispatch and instructions

Test materials were dispatched to the participants under ambient conditions on June 25, 2019. Each participant received two test samples spiked with the biomarker at two levels, one of each concentration. Each sample consisted of approximately 3 mL serum.

Moreover, a letter with instructions on sample handling (instruction letter, see **Appendix 4**), a sample receipt form to be sent back to IPASUM upon receipt of the test material as well as a result submission form and a method information form were sent to the participants by e-mail. The latter form was used to extract relevant information related to the analytical method used for quantification.

Participants were asked to perform a single analysis of each sample using the same procedure as will be used for analysis of samples in the frame of HMB4EU and to report results following the instructions given.

4.3 Deviations from ICI/EQUAS SOPs

The 3rd ICI for Chromium in serum followed the HBM4EU-QA-SOPs (version 2). There were no deviations from these SOPs.

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5 Data evaluation

5.1 False negatives and <LOQ

Classification of false positives and biomarkers reported as "<LOQ-value" or "not detected" (ND) is described in HBM4EU-SOP-QA-003. In this EQUAS there were no false positives and no ND. Therefore, no further description is given here.

5.2 Assigned value

For ICI studies, the consensus value is used as assigned value and calculated as described in SOP HBM4EU-SOP-QA-003. In brief, the consensus value and its uncertainty were calculated from the results submitted by the participants using robust statistics to minimize the influence of outliers.

5.3 Target standard deviation

For calculation of the Z-scores, a fit-for-purpose relative target standard deviation (FFP-RSD_R) of 25% of the assigned value was used as target standard deviation. This was the default indicated in HBM4EU-SOP-QA-003 and considered appropriate based on the outcome of the 1^{st} round.

5.4 ICI standard deviation

To gain insight into the actual inter-laboratory variability of the biomarker analysis in this study, the robust relative standard deviation (RSD_R) was calculated based on the participants' results, as described in HBM4EU-SOP-QA-003.

5.5 Z-scores

Z-scores were calculated according to SOP HBM4EU-SOP-QA-003.

In accordance with ISO 13528 and ISO 17043 and the deliverable D 9.4 "*The Quality Assurance/Quality Control Scheme in the HBM4EU project*", Z-scores are classified as presented in **Table 2.**

 Table 2 Classification of Z-scores

$ Z \leq 2$	satisfactory
2 < Z < 3	questionable
$ Z \ge 3$	unsatisfactory

6 Results and discussion

6.1 Results submitted by participants

In total, 22 laboratories from 17 countries agreed to participate in this study. Not all participants were able to meet the stipulated deadline due to technical problems, so that in the end, 21 out of 22 participants (95%) submitted their results. Laboratories were also asked to provide LOQs.

Appendix 8 gives an overview of results and LOQs submitted by the participants as well as reasons for delayed submission.

Results indicated as `not detected' (ND, see Appendix 8):

For **Cr**_{low} and for **Cr**_{high} no laboratory indicated ND.

False positive results: No participant detected a false positive in Cr_{low} and Cr_{high}.

Methods:

In almost all cases, the samples were analysed by ICP-MS followed by AAS. For sample preparation, most laboratories used no digestion while the others used an acid digestion. Almost all participating laboratories used a single quad as detection system, the rest used a triple quad. As internal standard, the majority of participating laboratories applied rhodium, germanium or yttrium and for calibration, most candidates used an external calibrant (matrix-based), followed by standard addition and external calibrant (solvent-based).

6.2 Assigned values and (target) standard deviations

The assigned value and its uncertainty (u), the robust relative standard deviation of the participant's data (study RSD_R), and the fit-for-purpose (FFP) target standard deviation for each of the control materials are included in **Appendix 6**.

6.3 Assessment of laboratory performance

Z-scores were calculated and graphical representations of the Z-scores for Cr_{low} and Cr_{high} are provided in **Appendix 7**.

Twenty-one laboratories out of 22 registered candidate laboratories reported results. All laboratories (100%) have satisfactory Z-scores in Cr_{low} and in Cr_{high} .

6.4 Conclusions and recommendations

The overall participation in the HBM4EU ICI round 3 was successful. Twenty-two laboratories out of the 46 laboratories (48%) in the candidate list confirmed their participation in this ICI.

This ICI was specifically aimed at participants who want to qualify for the occupational chromium study. Consequently, successful participation in two ICI studies for chromium will lead to approval and a certificate being issued for the occupational exposure range only.

Twenty-one of these 22 registered candidate laboratories reported results, representing a participation rate of 95%.

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Regarding the quantification of chromium in serum, the participants achieved in Cr_{low} and Cr_{high} , 100% satisfactory results.

A direct comparison of the overall performance of the laboratories with that of the first and second round is not entirely possible, because there were some new laboratories participating in this round and also some laboratories from the first and second round that did not participate in this third round.

Three additional laboratories reported results in this third round compared to the second ICI round. In the 2nd ICI, the percentage of satisfactory Z-scores at the low level was 95% and 100% at the high level. In this third round all participants achieved satisfactory Z-scores at the low and the high level.

Table 3 below gives an overview of the performance of the individual laboratories in this round for chromium in serum.

Lab. code	LOQ [ng/mL]	Cr _{low}	Crhigh
QR/105	2.500	satisfactory	satisfactory
QR/107	0.028	satisfactory	satisfactory
QR/110	0.500	satisfactory	satisfactory
QR/111	0.523	satisfactory	satisfactory
QR/112	0.100	satisfactory	satisfactory
QR/113	0.050	satisfactory	satisfactory
QR/115	0.600	satisfactory	satisfactory
QR/129	0.110	satisfactory	satisfactory
QR/130	0.250	satisfactory	satisfactory
QR/143	0.180	satisfactory	satisfactory
QR/200	0.004	satisfactory	satisfactory
QR/202	0.200	satisfactory	satisfactory
QR/204	0.500	satisfactory	satisfactory
QR/205	0.050	satisfactory	satisfactory
QR/206	1.200	satisfactory	satisfactory
QR/207	0.364	satisfactory	satisfactory
QR/211	0.100	satisfactory	satisfactory
QR/212	0.100	satisfactory	satisfactory
QR/224	0.050	satisfactory	satisfactory
QR/225	0.050	satisfactory	satisfactory
QR/301	0.200	satisfactory	satisfactory

Table 3 Performance of the candidate laboratories for chromium in serum

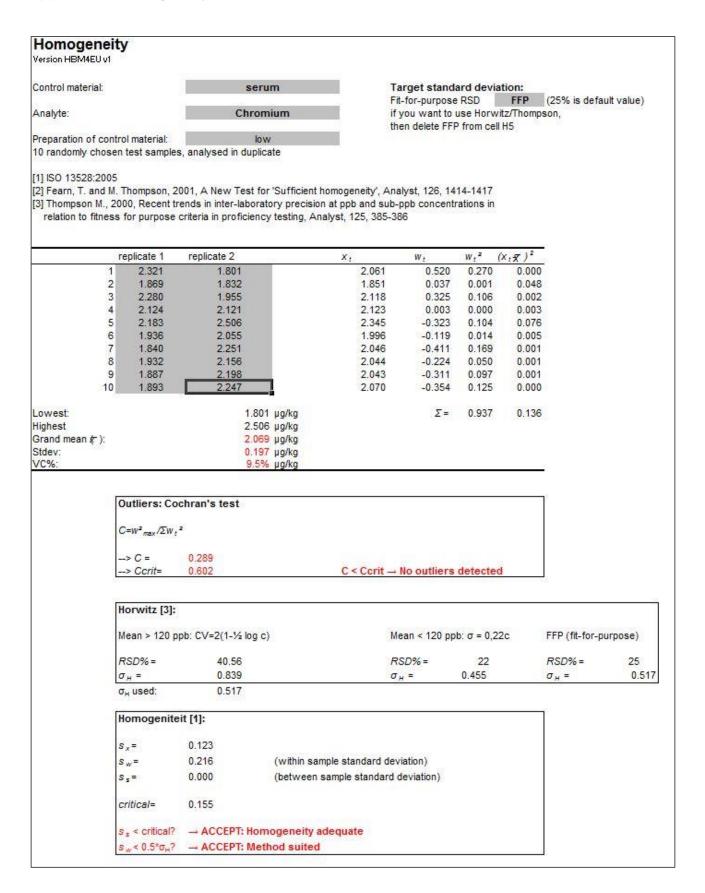
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- [2] Analytical Methods Committee, 1989b, Robust statistics How not to reject outliers Part 2. Interlaboratory trials, Analyst, 114, 1699-1702
- [3] HBM4EU-SOP-QA-001 "Organisation of Interlaboratory Comparison Investigations (ICI) and External Quality Assurance Schemes (EQUAS) of interlaboratory studies"
- [4] HBM4EU-SOP-QA-002 "Preparation of test materials for ICI / EQUAS"
- [5] HBM4EU-SOP-QA-003 "Evaluation of ICI / EQUAS results"
- [6] HBM4EU-SOP-QA-004 "Reporting of ICI / EQUAS studies"
- [7] ISO/IEC 17043:2010, Conformity assessment General requirements for proficiency testing
- [8] ISO 13528, 2015, Statistical methods for use in proficiency testing by interlaboratory comparison.
- [9] Official Methods of Analysis Program Manual, 2002, Appendix D: Guidelines for Collaborative Study Procedures to Validate Characteristics of a Method of Analysis. Association of Analytical Communities International. http://www.aoac.org/vmeth/Manual_Part_6.pdf.
- [10] Thompson, M., 2000, Recent trends in inter-laboratory precision at ppb and sub-ppb concentrations in relation to fitness for purpose criteria in proficiency testing, Analyst, 125, 385-386.
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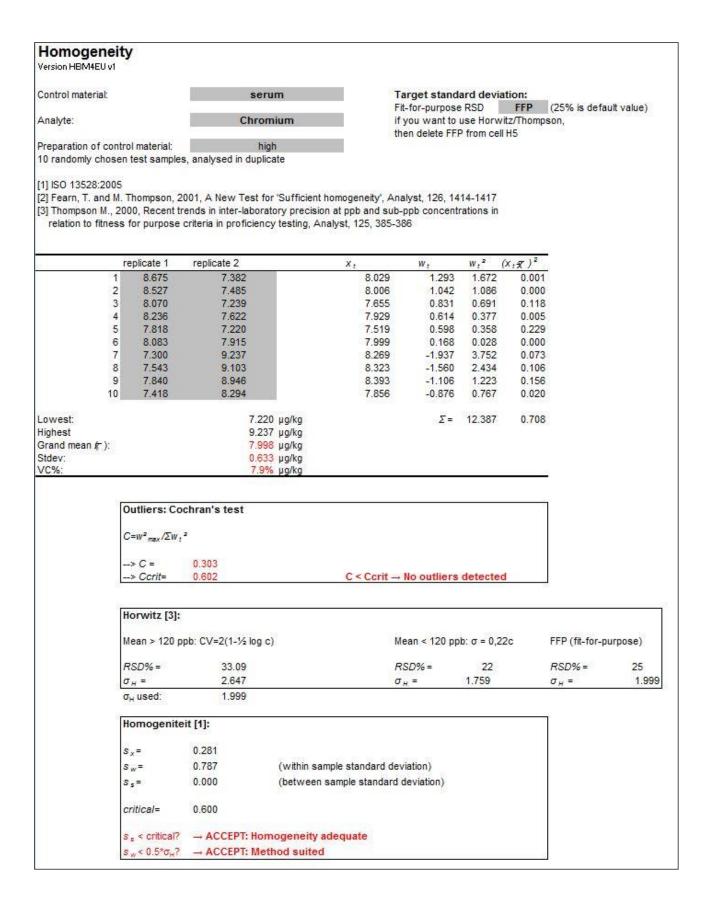
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Appendix 1. Homogeneity data



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Appendix 1 Homogeneity data (continued)



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Appendix 2 Stability data

st in frame of I	CI-EQUAS						
0.587 (0.1858 (0.07	14 M						
	Cr (serum) minus 80 °C r	10.10					
Storage.		minus lo C					
Biomarker	Chromium low	e					
-							
	t=0 (storage) t 06.08.2019		analysis date 06.08.2019	time (days)			
dates: values:	2.02	1.91	06.08.2019	0	2.0 1.9		
values.	2.02	1.91	06.06.2019	U	1.9	0 0	0.1
	2.10	1.82	x0-xa	a= 0.09			
	1.88	1.98	A0-A0	0.05			
	1.92	2.12	test 'consequential instabilit	ty Horwitz/Thomp	500	Fit-for-purpose (FFP)	
	1.90	2.01	xav-yav =<0,3σH			in the purpose (in)	
			σн	1= 0.444		0.5050	83333
			0,3*σH			0.151	
			x0-xa<0,3*oH?	No consequential instability detected		No consequential inst	ability detected
			test 'significant difference':				
				F= 1.63			
			Forit	t= 5.05			
			Significant difference	? No significant difference in std detected	1		
			sed^2				
				1= 10			
			std difference				
			1	t= 1.01			
		10	t-crit				
number=	6	6	Significant difference	? No statistic instability detected			
average=	2.02	1.93					
std dev=	0.164	0.128					

HBM4EU ICI-EQUAS stability test CM v1

Stability test in frame of ICI-EQUAS

Material: Cr (serum) Storage: minus 80 °C minus 18 °C

Biomarker Chromium high

t	=0 (opslag)	t=a (analyse)	analysis d	ate	time	(days)	µg/L	n	std de
ates:	06.08.2019	06.08.2019	06.08.201	9		0	8.03	6	0.330
lues:	8.26	8.88	06.08.201	9		0	8.41	6	0.370
	8.23	8.84							
	7.84	8.37		x0-xa=	-0	.38			
	7.70	8.21	20- 20-01-0012-0012-0012-0012-0012-0012-		10.000 Nation 10.000	51		A 10 30 30-0	
	8.46	8.18	test 'consequenti	al instability	Horwitz/	Thompson	Fit-for-p	urpose (FFP)	
	7.68	7.98	xgem-ygem =<0,3σH	l.					
- 1									
			σH=		766		2.007208333		
		1.2.1.1.1.1.2.1.2.1.1.1.2.1.1.1.1.1.1.1	0,3*σH=		530	225.000	0.6021625	1000	
			x0-xa<0,3*oH?		No consequential instability detect	ted	No cons	equential instability detected	ed
		test 'significant di	fference's						
			test significant di	F=	1	25			
				Fcrit=		05			
			Significant		No significant difference in std det				
- 1				sed^2=		35			
- 1				n=		10			
			std	difference=		20			
				t=		89			
				t-crit=	2	23			
nber=	6	6	Significant		No statistic instability detected	0.000			
age=	8.03	8.41							
dev=	0.330	0.370							

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Appendix 3 Copy of letter of invitation

HBM4EU: Announcement / invitation to participate in ICI study Cr/Round 3

Title of ICI: Chromium in blood, serum and urine

Dear Colleagues,

within the frame of HBM4EU the

Institute and Outpatient Clinic of Occupational, Social and Environmental Medicine Friedrich-Alexander University Erlangen-Nuremberg Henkestr. 9-11 91054 Erlangen Germany

announces the 3rd ICI round for the determination of chromium in blood, serum and urine. The aim of ICI exercises is to provide laboratories with an assessment of their analytical performance and reliability of their data in comparison with other laboratories. This will aid in the quality improvement of analysis in human biomonitoring at each of the laboratories.

Test samples

The matrices will be blood, serum and urine, respectively. Accordingly, the participants will receive:

- 2 different materials of blood (1 sample of 3 mL each) for determination of chromium in blood and/or
- 2 different materials of serum (1 sample of 3 mL each) for determination of chromium in serum and/or
- 2 different materials of urine (1 sample of 5 mL each) for determination of chromium in urine

Target biomarkers

The biomarker potentially present in the test samples is chromium.

This ICI is specifically aimed at participants who want to qualify for the occupational chromium study. Consequently, successful participation in the ICI studies will lead to approval and a certificate being issued for the occupational exposure range only.

With regard to the conditions and specifications of the occupational study, we expect participants of this ICI to use suitable analytical methods to obtain an $LOQ < 1 \mu g/L$.

Participation in this ICI is mandatory for laboratories that want to get approved for the occupational chromium study, irrespective of their participation in the first two ICIs.

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Calendar:

Registration deadline	June 17, 2019
	(we would be pleased to receive your
	feedback as soon as possible)
Distribution of test samples (projected)	June 25, 2019
Deadline for submission of results (projected)	July 23, 2019

Registration

For registration, please find attached a registration form each for chromium in blood, in serum and in urine. Please send them back to us by mail in case you want to register. Upon registration, the participant will receive a lab-code to be used for submission of results.

Fee

For partners and linked-third parties of HBM4EU, participation is free of charge. Please note that the participant is responsible for custom clearance and associated costs if applicable.

Confidentiality:

All laboratory-specific information will be treated confidentially, and will never be disclosed to third parties (government, accreditation bodies) except the HBM4EU QAU, without permission of the laboratory

Contact information organiser:

Coordinators:

- Prof. Dr. Thomas Göen
- Stefanie Nübler
- Moritz Schäfer
- Karin H. A. Zarrabi

Institute and Outpatient Clinic of Occupational, Social and Environmental Medicine Friedrich-Alexander University Erlangen-Nuremberg Henkestr. 9-11 91054 Erlangen Germany

Email: ipasum-hbm4eu@fau.de

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Appendix 4 Copy of letter/instructions sent together with test samples

HBM4EU: Instruction letter ICI study Cr in serum/Round 3

Title of ICI: Chromium in serum

Dear participant,

Thank you for participation in the HBM4EU ICI study Cr in blood/Round 3 for the determination of Chromium in serum.

You will receive a parcel containing 2 test samples spiked with the biomarker at 2 levels, 1 of each concentration. Each sample consists of approximately 3 mL serum. The parcel will be shipped on 25 June 2019 under ambient conditions.

Instructions:

- Upon receipt, please check the content for any damage/leakage of the containers, complete the sample receipt form and return it to the organiser.

- Store the test samples under frozen (-18°C) conditions until analysis.
- Analyse the samples for the biomarkers indicated in the invitation letter ref/ 03.06.2019.
- Thaw the samples and re-homogenise them according to your own procedure.

- Analyse the samples using the same procedure as will be used for analysis of samples in the frame of HBM4EU.

- Carry out a single analysis for each sample.
- For submission of results and method information use the forms provided.
- The deadline for submission of analysis results and method details is 23 July 2019.

If you have any questions or need any assistance, please contact:

Karin Zarrabi, Stefanie Nübler or Moritz Schäfer

Email: ipasum-hbm4eu@fau.de

Tel.: + 49 (0)9131/8526146, /8526145

Institute and Outpatient Clinic for Occupational, Social and Environmental Medicine Friedrich-Alexander University Erlangen-Nuremberg Henkestrasse 9-11 91054 Erlangen Germany

Prof. Dr. Thomas Göen (for the ICI organisers)

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Appendix 5 ICP-MS method information IPASUM

Title of ICI: Chromium in serum

Laboratory code	IPASUM Erlangen - Germany
ISO17025 accredited	no
SAMPLE PREPARATION	
amount sample	0.2 mL
Extraction	no
- pH adjustment	
- LLE; solvent(s) / time / shaking	
- SPE; material	
Digestion	no
INSTRUMENTAL ANALYSIS	
AAS	no
Wavelength	
Background compensation	
Matrix modifier	
Dilution factor	
Other remarks	
ICP	Yes (ICP-MS Perkin Elmer)
Dilution	1:20 with H_20 , HNO_3 , C_2H_6O and Triton-X-solution
Nebulizer	glass
Reagent gas	Argon
Masses monitored	Cr ⁵²
Detection	
MS	single quad
OES	
Quantification	
Use of internal standard (IS)	yes (Rh ¹⁰³)
- response normalised to IS	yes
Calibration	external calibrant (matrix-based)
	Multi-level
Correction for recovery	no
Identification criteria used	
- ion ratio tolerance	% relative
- other	-

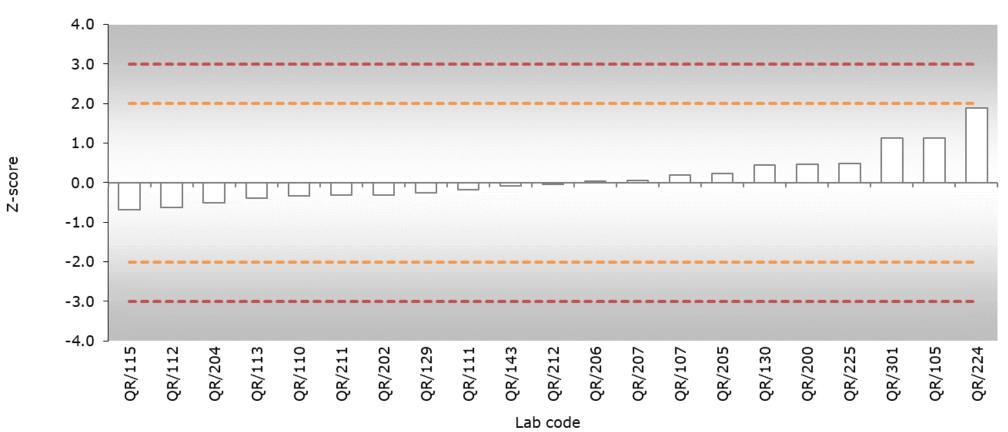
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Appendix 6 Assigned values and participant's performance

HBM4EU 03/2019		Cr (serum)			
control material	Cr	Cr _{low}		high	
assigned value	2.120 ng/mL		8.766 ng/mL		
uncertainty of assigned value	0.070	ng/mL	0.160	ng/mL	
study RSD _R		0%		7%	
relative target standard deviation	25	5%	25	5%	
laboratory code	value	Z-score	value	Z-score	
QR/105	2.720	1.13	10.020	0.57	
QR/107	2.219	0.19	8.757	0.00	
QR/110	1.944	-0.33	9.567	0.37	
QR/111	2.023	-0.18	8.158	-0.28	
QR/112	1.790	-0.62	8.470	-0.13	
QR/113	1.910	-0.40	8.310	-0.21	
QR/115	1.760	-0.68	8.770	0.00	
QR/129	1.980	-0.26	9.100	0.15	
QR/130	2.360	0.45	8.610	-0.07	
QR/143	2.080	-0.07	8.950	0.08	
QR/200	2.370	0.47	9.390	0.28	
QR/202	1.950	-0.32	8.130	-0.29	
QR/204	1.846	-0.52	8.375	-0.18	
QR/205	2.242	0.23	8.308	-0.21	
QR/206	2.137	0.03	8.305	-0.21	
QR/207	2.155	0.07	9.184	0.19	
QR/211	1.950	-0.32	7.970	-0.36	
QR/212	2.100	-0.04	8.550	-0.10	
QR/224	3.125	1.90	10.378	0.74	
QR/225	2.380	0.49	8.905	0.06	
QR/301	2.717	1.13	9.013	0.11	

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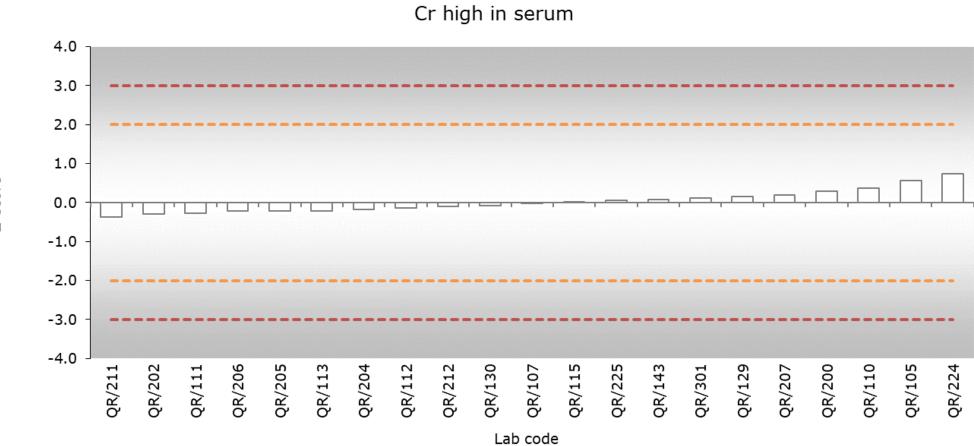
Appendix 7 Graphical representation of the Z-scores



Cr low in serum

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Appendix 7 Graphical representation of the Z-scores (continued)



Z-score

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Appendix 8 Results and LOQs and reasons for delayed submission

HBI	HBM4EU 3-2019 Chromium in serum [ng/mL]				
Lab.code	low	high	LOQ	delayed reporting	
QR/105	2.720	10.020	2.500		
QR/107	2.219	8.757	0.028		
QR/110	1.944	9.567	0.500		
QR/111	2.023	8.158	0.523		
QR/112	1.790	8.470	0.100		
QR/113	1.910	8.310	0.050		
QR/115	1.760	8.770	0.600		
QR/129	1.980	9.100	0.110		
QR/130	2.360	8.610	0.250		
QR/143	2.080	8.950	0.180		
QR/200	2.370	9.390	0.004		
QR/202	1.950	8.130	0.200		
QR/204	1.846	8.375	0.500		
QR/205	2.242	8.308	0.050		
QR/206	2.137	8.305	1.200		
QR/207	2.155	9.184	0.364		
QR/211	1.950	7.970	0.100		
QR/212	2.100	8.550	0.100		
QR/224	3.125	10.378	0.050		
QR/225	2.380	8.905	0.050		
QR/301	2.717	9.013	0.200		